

NEWSLETTER
Winter 2015



SURGICAL EDUCATION WEEK
APDS/ARCS/ASE Annual Meeting
April 21-23, 2015
Westin Hotel, Seattle, Washington



The Westin Seattle is the front door to downtown shopping, attractions, dining, and the vibrant theater district. This ideal urban retreat is steps away from the Washington State Convention Center, Pike Place Market, Seattle Aquarium and the Space Needle. There are breathtaking views of the Northwest's beauty, including Lake Union, Puget Sound, and the Olympic and Cascade mountain ranges.

Looking forward to seeing you in Seattle!

In This Issue

Message from the President	2
ACS Student Presentation —San Francisco, CA	3
Sunshine Update	4
Professional Development	4
Project BOB	4
New Coordinators Workshop / Luncheon—Seattle, WA	4
New Members	5
Mentor-Mentee Update	5
How to Join ARCS	6
Seattle Roommates Info	6



**2014-2015
Executive**

Committee Members

President & APDS

Representative for ARCS

Stephanie Rowe Burnham
Vanderbilt University Medical
Center
Nashville, Tennessee
615.343.6642
stephanie.rowe@vanderbilt.edu

President-Elect

Chi Quach
University of California
Los Angeles, California
310.206.9291
cqquach@mednet.ucla.edu

Executive Secretary

S. Darlene Northon, C-TAGME
Greenville Health System
Greenville, South Carolina
864-455-1435
dnorton@ghs.org

**Professional Development,
Media & Publications Chair**

Dawn Fountain
University of Kansas
Wichita, Kansas
316.268.5990
dfountain@kumc.edu

SCORE Representative,

Mentor/Mentee Chair

Laura Warner, C-TAGME
Guthrie/Robert Packer Hospital
Sayre, Pennsylvania
570.887.3585
warner_laura@guthrie.org

ARCS Liaison Representative

to ACS, Sunshine & Social

Event Chair

Kim Molteg, C-TAGME
Rutgers Robert Wood Johnson
Medical School
New Brunswick, New Jersey
732.235.7674
moltegke@rwjms.rutgers.edu

Membership, Certificates Chair

Lillian Badurina, AS, C-TAGME
Mount Carmel West Hospital
Columbus, Ohio
614.234.5983
lbadurina@mchs.com

Past President & Consultant

Mary Burda
University of Toledo
Toledo, Ohio
419.383.6462
mary.burda@utoledo.edu

Message From The President



Happy New Year to you! I hope you have had a successful interview season and are ready to move on to the second part of the academic year with ABSITE, rank lists, the Match, and our Spring 2015 meeting.

Please mark your calendars for April 20-23, 2015, to be in Seattle, Washington, for our annual meeting. I would like to thank the ARCS Executive Committee for their hard work this year planning and preparing for the ACS presentation and the Spring meeting. We believe we

have put together a robust educational meeting for our membership. I would also like to thank everyone who submitted an abstract. We unfortunately could not accept all the abstracts submitted; however, if your abstract was not chosen, please consider resubmitting it for next year.

ARCS registration will open on Monday, April 20, 2015, at 8am, followed by the New Coordinators Workshop (NCWS), beginning at 9:30am. Please note the fee for NCWS on the registration form as well as being a coordinator for 0-3 years. The ARCS Executive Committee has put together a very informative workshop for the new coordinators.

The ARCS will run a full conference, beginning with meeting registration at 7:30am on Tuesday, April 21, and adjourning on Thursday, April 23, at 12:30pm. Please be sure to refer to the Surgical Education Week program for the speakers, topics and time of presentations. The registration form for Surgical Education Week should be available soon. Watch the ARCS website and also the APDS website.

We will be keeping our new tradition of a daily door prize and a special award for the newest coordinator. Please remember you must be present in order to win!

Whether this will be your first meeting ever or your thirtieth, the information you glean from the sessions will be invaluable. For most coordinators, once you leave the meeting you will more than likely be invigorated, refreshed, and ready to share information from the meeting with your colleagues.

I am looking forward to seeing everyone at our meeting in Seattle! I hope each of you had a happy and safe holiday season. Best wishes that 2015 will bring you wonderful things personally and professionally. If you have questions, suggestions or require further information, please contact me at stephanie.rowe@vanderbilt.edu

Stephanie Rowe Burnham

President, Association of Residency Coordinators in Surgery

NEWSLETTER WINTER 2015

2014 ACS MEDICAL STUDENT PROGRAM

What a great time we had in San Francisco! Over 330 students attended the 2014 American College of Surgeons Clinical Congress in San Francisco, CA, at the Moscone Center from October 26-28 involving ARCS representation. The sessions were held across a three-day period starting on Sunday and running through Tuesday for both U.S. and International medical students.

Sunday's roundtable reception topics were presented primarily to the MS-4's and included "I've Matched, Now What?", "A Day in the Life of an Intern" and "Useful Information for the IMG". An overall day's score of 4.43 was received on a likert scale of 1 to 5, which means 5 = strongly agree. On Monday, ARCS presented another session entitled "Tips and Tricks from the Experts – ERAS, NRMP, SOAP and More". That session was presented to all medical student levels receiving an overall score of 4.27. Finally on Tuesday, our President, Stephanie Rowe Burnham along with various faculty presented "Mastering the Surgical Residency Interview" which received a rating of 4.70. The medical students were very appreciative. They commented about the panel discussions and the roundtable talks. The students said that they "Would like to have had more time at these sessions. These were extremely valuable and beneficial!" All topics presented, were a compilation of FAQ's submitted by each member of the ARCS Executive Committee and distributed to the medical students daily. By all accounts, this was a very successful Annual Conference!

ASSOCIATION OF RESIDENCY COORDINATORS IN SURGERY



2014-2015 ARCS Executive Committee after presenting at the 2014 Medical Student Program at the American College of Surgeons Clinical Congress in San Francisco.

NEWSLETTER WINTER 2015

Sunshine Committee

The purpose of this group is to relay the care and concern of fellow members in times of need by sending wishes of encouragement or sympathy. The Sunshine Chair will send a card to members for the following reasons:

- *Serious illness*
- *Death of a member (sent to a designated family member)*
- *Death of an immediate family member [parents, spouse, children, stepchildren]*

If you are aware of a fellow coordinator who is ill, lost a loved one, needs cheering up, or is going through a tough time, let us know.

Also, if you hear of someone who has received a promotion or an award with respect to her/his position as a residency coordinator, we would like to acknowledge this accomplishment.

Please let the Sunshine Chair know the name, address and reason for the card. Send the information to Kim Molteg at moltegke@rwjms.rutgers.edu.

New Coordinators Workshop

Calling all new coordinators with 0-3 years of experience! The new coordinator workshop will be held on Monday, April 20, 2015 at the Seattle Westin Hotel. It will be interactive with fun activities. We will go through the ARCS Handbook and provide you with the tips and tricks to run a successful residency program. The workshop will start at 9:30 am with lunch at 11:30 am. The workshop will conclude at 5:00 pm. We hope you can join us.

New Coordinators Workshop Luncheon

Final details are being worked out. Information will be posted shortly on the ARCS website under the Annual Meeting Information tab.

Professional Development

We have 4 professional development sessions scheduled for our Seattle meeting. The presentations this year will be presented by our peers and cover a variety of topics important to our jobs and professional growth. It is the ARCS goal to help its membership increase competence, performance, improve and broaden the coordinator's knowledge and skills and to develop the personal qualities required in their professional lives.

Attendees will be sent a certificate of attendance. Keep that certificate in a safe place, as attendance at the lectures can be used toward the initial TAGME certification, or counted towards the continuing education required for continued certification. We are excited to see you in Seattle!

Project BOB

Project BOB (Because of Bob) was created to honor the memory of Mr. Robert "Bob" Hamilton. Bob was the "right-hand" of the APDS and had a soft spot for the members of ARCS. Following his passing, the ARCS Executive Committee decided to organize a collection at Surgical Education Week and to donate the proceeds to charity, all in Bob's memory.

At the 2014 Spring Meeting, \$160.00 was collected and given to the Wounded Warriors Project, which assists wounded service members and their families in the United States.

ARCS would like to extend its sincerest appreciation to those of you who donated. America's warriors are grateful!

At the 2015 Surgical Education Week, Project BOB will benefit Pets for Vets, a non-profit which rescues pets from shelters, trains them and pairs them with a veteran who can benefit from a companion animal. The group was recently featured on CNN for their work. You can learn more about Pets for Vets at their website: www.pets-for-vets.com.

NEWSLETTER WINTER 2015

New ARCS Members

Please join us in welcoming the following new members to ARCS. These coordinators were approved for membership at the October, 2014 APDS Board of Directors meeting in San Francisco.

Kerrie DeVasto

St. Elizabeth's Medical Center
736 Cambridge Street
Boston, MA 02135

Kurt Koches

Med Star Washington Hospital Center
110 Irving Street, NW
Washington, DC 20010

Adrianna Ellison

University of Miami
5301 S. Congress Avenue
Atlantis, FL 33462

Lilly Lewis

FSU College of Medicine
1401 Centerville Road, Suite 107
Tallahassee, FL 32308

Sharon Holmes

Grand Strand Regional Medical Center
849 82nd Parkway
Myrtle Beach, SC 29572

William Norris

Med Star Washington Hospital
110 Irving Street, NW, Suite G247
Washington, DC 20010

Lauren Hook

Einstein Medical Center
6401 Old York Road, Klein Bldg 501
Philadelphia, PA 19141

Susan West

East Carolina University
600 Moye Blvd
Greenville, NC 27834

Sarah Kidd-Romero

University of Maryland Medical Center
29 S. Green Street, Suite 643B
Baltimore, MD 21093

Dana Cooley

Wayne State University
4201 St. Antoine, Suite 6C
Detroit, MI 48201

Jennifer Perros

Maine Medical Center
22 Bramhall Street
Portland, ME 04102

Mentor~Mentee Program

ARCS has had a mentor program in place for many years. The idea is for a new coordinator to be paired with a seasoned coordinator and for those individuals to form a relationship, share information, and ask questions of one another. Every attempt is made to match coordinators in the same geographic region and in similar institutions (University, Community, Military), but is not always guaranteed.

At the spring 2014 meeting held in Chicago, IL, there were twenty requests made by new coordinators for a mentor. The membership of ARCS stepped up in its usual fashion and twenty matches were made, demonstrating the commitment to our professional roles.

To become either a mentor or a mentee, you can visit the ARCS website at www.arcsurgery.org and complete the online form. There are also announcements made and sign-up sheets available at the spring meeting each year. In addition, you may contact the Mentor / Mentee Program Chair, Laura Warner, C-TAGME, at warner_laura@guthrie.org or at 570-887-3585 for more information.

NEWSLETTER WINTER 2015

Are you an ARCS Member? If not, you should be...and here's why:

Being a member provides you, the coordinator, with several tangible benefits, but the true impact of belonging to a professional organization comes from being an active member of that organization and supporting its goals and helping it to grow and become stronger. By doing so, you develop a vested interest in your own growth, your own success and your own professional future, as well as the organization's.

The networking opportunities within the membership are invaluable. Our coordinators are one of our best sources of information, ideas, support, and friendship. Each year, men and women of the organization exchange ideas, form new friendships, and feel a collective sigh of relief as we realize that we are not alone.

There is strength in numbers and ARCS is a large, strong leader among the specialties. ARCS affords its members the opportunity to meet people from all across our country, contributing to that all-important networking system. Besides sharing with one another, ARCS provides a venue to become involved nationally, which in turn promotes your program and helps it to be recognized. Lastly, professional membership confers a special status on those individuals who hold it. It is important to note that when you pay the registration fee for the Spring APDS / ARCS meeting, it is the registration fee only, and does not automatically secure your membership. The APDS Board of Directors review membership twice a year, at the fall ACS meeting and the spring APDS meeting.

To become a member of ARCS, you must first be an Associate Member of the APDS. Associate Membership can be obtained by completing and submitting an application form, copy of your current curriculum vitae and a letter of support from your Program Director. Feel free to contact any Executive Committee member to discuss the process for membership or follow the link at www.arcsurgery.org for additional information and an application. Yearly dues are \$225.00.

Roommates—Seattle

If you are thinking about attending the 2015 ARCS Spring Meeting in Seattle and funding is an issue at your institution, then sharing expenses on lodging could be the answer. If you would like to share the cost of a room with someone, please contact Kim Molteg at moltegke@rwjms.rutgers.edu.



The ARCS Executive committee has worked very hard to put together a motivating and appealing program for our 2015 meeting in Seattle.

We look forward to seeing you in April!

The ARCS Executive Committee