

NEWSLETTER SUMMER 2018



ASSOCIATION of RESIDENCY ADMINISTRATORS in SURGERY

Surgical Education Week April 23-27, 2019 Chicago, IL



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2018-2019 Executive Committee Members

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Message From The President



The months of May and June constantly have me saying, “come on July 1!” Well - be careful what you ask for... because July 1 came, went, and I now have a sense of loss, or maybe sadness. Our jobs are fast and furious for two months - the chiefs graduate, the interns begin, and SUCCESS – a new year begins! As residency administrators, we are in a constant world of change and motion, which is why we must LOVE our jobs. As I write this message on July 12th, I’m happy to report that my emptiness/sadness feelings are diminishing and my to do list is full again. Happy 2018/2019 Academic Year!

I am honored to be your ARAS President this year. My journey to this role began in San Antonio, Texas (2010) on a hotel elevator with Sandy DeCoglin, asking me if I would want to present during the New Coordinators Workshop at the ARCS Conference in 2011 about surviving my first year as a coordinator. Sandy became my mentor colleague first, but most importantly, a great friend.

A huge thank you goes out to the immediate past president of ARAS, Darlene Norton, and the Executive Committee members for an amazing program in Austin, Texas this past May. There was a fantastic turnout for the meeting this year with 63 attending the New Administrators Workshop and 201 attending the full ARAS Meeting. We look forward to another fantastic meeting in Chicago next year during Surgical Education Week (April 23—27, 2019).

Remember: The call to submit abstracts/topics/posters has gone out for the spring meeting with a submission deadline of September 15, 2018. The overall program evaluation from Austin had several requests for more workshops. Put on those creative thinking caps and submit this year to present! Share your knowledge and experience.

Your ARAS Executive Committee will be meeting in Boston this October during ACS to plan next year’s meeting and to participate in the ACS Medical Student Program. It continues to be an honor for the ARAS EC to be asked to participate in this program annually. I truly believe the ARAS EC comes out on the winning end of this experience. The time spent with the medical students is always rewarding and fun.

I hope you have a wonderful summer. Please remember that *wellness* should be just as much a part of our positions as residency administrators as it is our residents in training! Please take some time off to enjoy your family and friends and take care of YOU.

See you in Chicago!

SuAnn White, C-TAGME
ARAS President 2018-2019



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Meet the 2018~2019 ARAS Executive Committee



SuAnn White, C-TAGME

University of Oklahoma

Oklahoma City, OK

President — SuAnn has been a residency program coordinator at the University of Oklahoma College of Medicine since 2009. She started her career on campus in Student Affairs handling medical student scheduling in 2007. She and her husband, Chuck, reside in a historical section of Oklahoma City and spend a lot of free time working to restore their home that was built in 1933. She has many four legged children which bring much love and enjoyment to her life.



Donna Heyduk, C-TAGME

Lankenau Medical Center / Main Line Health System

Wynnewood, PA

President Elect — Donna has been an employee at Main Line Health System since 2005. Previously, she managed the Continuing Medical Education for the system and in 2012 she joined the General Surgery Residency Program. Donna and her husband, Bob, have 3 grown children and 2 dogs they enjoy spending their time with. She enjoys crocheting, cooking, and traveling.



Dorothy Dickinson

University of South Alabama

Mobile, AL

Professional Development, Sunshine & Social Event Chair — Dorothy Dickinson began her employment at University of South Alabama with the Department of Radiology in 2007. In 2012, she managed the surgery clerkship program and then became the residency program coordinator in the same year. Prior to joining the University, she was a Senior Researcher with the Proctor and Gamble Company in Bethel Connecticut for 8 years. Dorothy is originally from Brooklyn, New York. She graduated from Columbia Southern University with an AS in Business and has plans to pursue her TAGME certification next year. She and her husband, Shun have 3 grown children and 4 adorable grandchildren. They spend a lot of time doing evangelical work with their church. She enjoys traveling, home remodeling, and reading.



Sarah Kidd-Romero

University of Maryland Center

Baltimore, MD

Mentor/Mentee Chair & ARAS Liaison Representative to ACS — Sarah has been a coordinator for the General Surgery Residency at the University of Maryland Medical Center since 2011. Before this role in the Department of Surgery, she was the clerkship coordinator for two years. She graduated from Towson University with a bachelor degree in Psychology & Biology. Sarah is born and raised in Baltimore and is a dedicated fan of the Baltimore Ravens and Baltimore Orioles. The other loves in her life are her husband (of 5 years) and her two rescue dogs, Peanut & Hazel. Sarah and her husband enjoy their free time hiking, kayaking, and traveling to the national parks.

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Meet the 2018~2019 ARAS Executive Committee, cont.



S. Darlene Norton, C-TAGME
Greenville Health System
Greenville, South Carolina

President — Darlene has been the residency coordinator for the Greenville Health System, Ramage Center for Teaching and Learning, Department of Surgery, since 2010. She has over 25 years of experience in graduate medical education. She served on the Board of Directors for the Association of Family Medicine Administration from 2006-2011. In 2009, she served as President. She and husband, Myron, have two children, Michael 28 and Melissa 24. She enjoys reading, music and spending time with family and friends.



Lisa Olson
Medical College of Wisconsin
Milwaukee, WI

Executive Secretary & ARAS Liaison to SAGES — Lisa Olson has been the Program Manager of the Medical College of Wisconsin's General Surgery Residency program since December of 2013 and an employee of MCW since October of 2007. She began as a Program Coordinator for the Healthier Wisconsin Partnership Program and more recently was in the position of Program Manager for Community Pediatrics, working with second-year Pediatric Residents. Lisa has a BS in English and Communication and is currently pursuing her MBA with a concentration in Healthcare Management. She and her husband, Ben, have two sons, Jay 25 and Zach 22. Lisa enjoys the Green Bay Packers, training for various community runs, and spending time with her family and friends.



Susan Ratliff, C-TAGME
Emory University
Atlanta, GA

Membership & Certificates Chair & SCORE Representative — Susan, an employee with Emory University in Atlanta, GA for 20+ years, joined the General Surgery Residency program in 2011. She previously managed the Geriatric Medicine and Hospice/Palliative Medicine educational programs in the Department of Medicine and was a program coordinator in the Department of Medicine's Office of Education. She graduated from Georgia State University. Susan is originally from New Orleans, LA and currently resides in Lithonia, GA. She enjoys traveling, reading, music and spending time with her family and friends.



Jessica Roof
Carolinas Medical Center
Charlotte, NC

Website & Publications Chair — Jessica joined the general surgery residency program at Carolinas Medical Center in April 2014 at the annual ARCS meeting in Chicago, IL but has been with the system since June 2009 serving as the vascular and cardiothoracic coordinator initially. Prior to that she was the general surgery and surgical critical care coordinator for 3 years at the University of South Carolina/Palmetto Health and remembers fondly attending previous ARCS meetings in Washington, DC and Toronto, Canada. She is married to her husband Jason and enjoys spending as much time as she can with their two active little boys, Slade who starts kindergarten this year and Brooks who is 2.5.

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Departing Executive Committee Members

At the end of our meeting in Austin, it was time to say thank you and goodbye to Ms. Lillian “Lilly” Badurina.

Lilly completed a 5-year tenure on the Executive Committee this year. She successfully served in the role of Membership & Certificates Chair, President-elect, President 2016-2017, and most recently as Immediate Past President. This year Lilly has served as mentor and counselor to me and the ARAS Committee. Her input and guidance has been very much appreciated and her delightful, up-lifting spirit will be missed very much. Here’s to more time traveling to your beloved Croatia!

~ Darlene Norton



Welcome to the Newest Executive Committee Member

Please join us in welcoming Brianne as the newest member of the ARAS Executive Committee and thanking her for her help during our most recent ARAS meeting in Austin.



Brianne Leigh Nickel has been involved in Graduate Medical Education since 2008, starting out as a Data Quality Coordinator and assisting the Family Medicine Residency program at University of Louisville. In 2010, she transitioned to a full time residency coordinator role at University of Louisville in the Department of Neurosurgery. Upon completion of her Master's Degree in Higher Education, she moved back to her home state of Indiana, where she has worked with the Department of Surgery as the General Surgery Residency Coordinator since 2012. In addition to her program coordinator role at Indiana University, she is also the Director of Surgical Education Administration, overseeing all program coordinator and education administrative staff members within the Department of Surgery. When she isn't working, she is spending time with her two favorite people, her nephews Calvin and Graham. Brianne also enjoys reading, writing, graphic design, and a good Netflix binge.

Professional Development

The Professional Development sessions were a success again this year! At our annual meeting in May, four professional development sessions were offered: Program Administration, Research Poster, Personal Leadership and Social Media, and each session had well over 130 attendees.

During our October planning meeting, we will begin working on the professional development series for the 2019 annual meeting in Chicago, IL. Let us know if you have any ideas for speakers or topics.

For a quick reference guide and resource, check out the **ARAS Handbook** published on our website. If you are a new administrator, this handbook can be a starting point to get you on your way! Remember, to be a successful General Surgery residency administrator it takes time, commitment, training, knowledge, skill development and teamwork. Your input and expertise are valuable to the success of all program administrators. Please contact the ARAS Executive Committee with your thought and ideas.

“Knowledge is learning something new every day.”

~Zen Proverb

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2019-2023 EXECUTIVE COMMITTEE APPLICATION INFORMATION

Please consider applying to become a member of the ARAS Executive Committee. The committee is comprised of nine members and is responsible for the leadership of the organization and the development of our annual educational meeting. Each year the committee reviews all applications and tries to appoint one Community and one University based coordinator based upon open positions.

Criteria for applicants to the Executive Committee:

- Be a current member of ARAS
- Have attended at least three APDS/ARAS meetings
- Show written and financial support from your program director and/or chair to attend two meetings each year, the fall planning meeting in conjunction with the ACS and the spring SEW meeting
- Be able to attend all Executive Committee planning sessions (at least 2 meetings per year to include APDS/ARAS Spring conference) & conference calls
- Be willing to host a planning meeting if elected president
- Not have served on the committee during the past four years

Applicants should model professionalism. This includes, but is not limited to: promoting a positive learning environment, exhibiting good judgement, and demonstrating respectful behavior in response to those whom they serve. Applicants should also positively influence and promote a healthy work environment by consistently placing first the interest of other members and the organization as a whole. They should strive to guide and promote the success and advancement of the ARAS organization.

An electronic application is available on the ARAS website under the “Executive Committee” tab. You will be required to submit a photo, your CV and a letter from your Program Director/Chair.

Applications will be accepted until **September 15, 2018**.

ARAS Membership Update

Since October 2017, ARAS membership has grown to **313** members! We are very excited that the membership continues to grow on a yearly basis.

Has your contact information changed? Please update it with us!

In order for us to keep you informed, we require your most up-to-date contact information. Whether you have just moved to a new program or your office address and/or telephone number has changed, please update your contact information with us. You can do so by emailing Susan Ratliff at sratliff@emory.edu.

Why become a member of ARAS?

Being a member of ARAS provides several benefits but the true impact of belonging comes from being an active member. By joining, you would develop a vested interest in your own growth/success and your professional future. ARAS members are our best sources of information, ideas, support and friendship.

If you're not yet a member but have wanted to join, the process is simple. The membership application is available online at www.arasurgery.org. Your application must include your current CV and a letter of support from your Program Director. All items should be mailed to:

APDS/ARAS Headquarters Office
6400 Goldsboro Road
Suite 200
Bethesda, MD 20817-5846

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New ARAS Members

50 coordinators were approved for membership at the April 2018 APDS Board of Directors Meeting in Austin, TX. Please join us in welcoming the following NEW members to ARAS!

Ana Acevedo

UCF/HCA
720 West Oak Street, Suite 201
Kissimmee, FL 34741

Tenesha Diaz

Einstein Healthcare Network
5501 Old York Road, Suite 510
Philadelphia, PA 19141

Rachelle Barthelemy

NYU Winthrop
222 Station Plaza North, Suite 502
Mineola, NY 11501

Natalie Dionne

Emory University
1365 Clifton Rd., NE, Bldg A, Room A2200
Atlanta, GA 30322

Leanna Bell

Washington University School of Medicine in St.
Louis
660 S. Euclid Ave., CB 8109
St. Louis, MO 63110

Katie Dougherty

St. Anthony Hospital
11600 W. 2nd Place
Lakewood, CO 80228

Renee Bentley, MBA

Grand Strand Medical Center
809 82nd Parkway
Myrtle Beach, SC 29572

Catherine Fihn

Medical College of Wisconsin
8701 Watertown Plank Rd.
5th Floor, Office A5337
Milwaukee, WI 53226

Angela Black

Arnot Health
600 Ivy St., Suite 206
Elmira, NY 14905

Theresa Garcia

NYMC/MHC
1901 First Avenue, Rm 12A18
New York, NY 10029

Bahkahlenah Buie

Emory University
1364 Clifton Road, NE, Suite H100
Atlanta, GA 30322

Elizabeth Gruber

Marshfield Clinic
1000 North Oak Avenue
Marshfield, WI 54449

Kimberly Clarke

East Carolina University
600 Moye Blvd., MS 639
Greenville, NC 27834

Ashlie Haas

Alpert Medical School - Brown University
Rhode Island Hospital
593 Eddy St., APC 450
Providence, RI 02903

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New ARAS Members, cont.

Maggie Hamblen, AS, BS, CAP

University of Tennessee COM
979 East Third Street, Suite B401
Chattanooga, TN 37403

Ginny Hammock

Louisiana State University-Shreveport
PO Box 33932, 1501 Kings Highway
Shreveport, LA 71130-3932

Yesenia Harper

Texas Tech University HSC
4800 Alberta Avenue
El Paso, TX 79905

Celina Heredia, AA

Riverside Community Hospital
26520 Cactus Avenue
Moreno Valley, CA 92555

Christine Hernandez

Riverside Community Hospital
4445 Magnolia Avenue
Riverside, CA 92501

Caitlin Johnson

Riverside Methodist Hospital
3535 Olentangy River Road
Columbus, OH 43214

Jessica Kolac,

San Joaquin General Hospital
500 W. Hospital Road
French Camp, CA 95231

Theresa Krausert, BA

Medical College of Wisconsin
8701 W. Watertown Plank Road
Milwaukee, WI 53226

Kayla Lang, BS

University of Colorado
12631 E. 17th Ave C302
Aurora, CO 80045

Ashley Lelleck, BS

Orange Regional Medical Center
707 East Main St., GME Suite 1243
Middletown, NY 10940

Colleen Livingston, BS

Henry Ford Allegiance Health
205 N. East Ave
Jackson, MI 49201

Aleecia Mata

UCHealth Memorial Hospital
1400 E. Boulder St., Suite 3188
Colorado Springs, CO 80924

Jaclyn McMillin, BS, MS

Northwestern University
675 N. St. Clair Street, Suite 3-150
Chicago, IL 60654

Davena Moore, MS

Rush University Medical Center
1750 W. Harrison, 7th Floor
Chicago, IL 60612

Krystal Nourie

Kaweah Delta Health Care District
400 W. Mineral King Avenue
Visalia, CA 93291

Erin Oglesby

University of Colorado
12631 E. 17th Avenue, MS C302
Aurora, CO 80045

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New ARAS Members, cont.

Briana Oney, BA

Riverside Methodist Hospital
3535 Olentangy River Road
Columbus, OH 43214

Beth Sefershayan

Staten Island University Hospital
475 Seaview Avenue
Staten Island, NY 10305

Marilyssa Orellano, BS

Orlando Health
86 W. Underwood Street, Suite 201
Orlando, FL 32806

Suzanne Seifert, MBA

NY Medical College at St. Joseph's Regional Medical Center
703 Main Street
Paterson, NJ 07503

Nancy Ramos

Orlando Health
86 W. Underwood Street, Suite 201
Orlando, FL 32806

Holly Siegert

St. John Hospital & Medical Center
22151 Moross Road, PB 1, Suite 212
Detroit, MI 48236

Jessica Reed, BA

Huntington Hospital
100 W. California Blvd.
Pasadena, CA 91109

Elizabeth Stacker

Houston Methodist Hospital
6447 Main Street, WP 505
Houston, TX 77030

Angelica Rivera-Melendez, MS

University of Puerto Rico
Dept of Surgery, PO Box 365067
San Juan, PR 00936-5067

Jessica Tardd

Orlando Health
86 W. Underwood Street, Suite 201, MP 100
Orlando, FL 32806

Teri Rodawald

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701 N. 1st Street, PO Box 19638
Springfield, IL 62794

Karlie Wagner, BS

Albert Einstein Medical Center
5501 Old York Road, Klein 510
Philadelphia, PA 19141

Jo Ann Ross

UPMC Pinnacle
205 South Front Street, Brady 9
Harrisburg, PA 17104

Evan Ward, BS

Virginia Commonwealth University
1200 E. Broad Street, PO Box 980135
Richmond, VA 23298

John-Christopher Sbraccia, BS

Michigan State University
1200 Michigan Avenue, Suite 655
Lansing, MI 48912

Stephanie Watson, BA

University of California Irvine
333 City Blvd. West, Suite 1600
Orange, CA 92868

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New ARAS Members, cont.

Tracy Welch

Saint Barnabas Medical Center
94 Old Short Hills Road
Livingston, NJ 07039

Joval Wilson, MA

New York Presbyterian - Weill Cornell Medicine
525 East 68th Street
New York, NY 10065

Judith Willoughby

1945 State Route 33, Ackerman 4 South Room 432
Neptune, NJ 07753

Jace Woodruff, BS

Michigan State University
1200 Michigan Avenue, Suite 655
Lansing, MI 48912



Call for Abstracts

Please plan on joining us for our annual meeting in Chicago, IL April 23-27, 2019. More information will be available on the website soon!



Be a part of the meeting!! If you have an idea for a presentation, speaker, panel discussion or break out session, we want to hear from you. The committee is responsible for the development of the spring conference and we need everyone's input regarding new topics and sessions that attendees will find beneficial to plan a successful conference. Even if you have an idea for a presentation or a topic you would like to hear more about but are not willing to present, please complete the abstract form and the committee will try to find a way to incorporate it into our conference.

Abstract Deadline is September 15, 2018.

You may submit an abstract by going to our website and completing the abstract form:

www.arasurgery.org

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2018 Coordinator Recognition Award Gilda Branson Young

ARAS Program Administrator’s “Annual Award for Excellence” is a very special award. Each year the ARAS EC receives many applications to review and it isn’t easy to make a selection from these highly qualified and very much recognized and appreciated members from all across the US. This year the award winner seemed to stand out from the beginning of our review. Glowing letters from their faculty, current and past program director(s) and residents defined specificity what made this person so unique, respected and valued. With a proven record of 40 years of dedicated service in surgical residency and resident education, and the fact she was one of the founding members of this organization, it is my distinct honor to bestow the ARAS 2018 Administrator’s Recognition Award to Ms. Gilda Branson Young from the University of Cincinnati Medical Center in Cincinnati, OH.



CONGRATULATIONS to all our winners from our meeting in Austin!



Attendees of the New Coordinators Workshop held at the Austin Meeting on May 2, 2018

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ARAS 2018 Conference Spotlight—Poster Presentations

Brianne Leigh Nickel, MA, C-TAGME

Social Media Chair & Website Co-Chair

ASSOCIATION OF RESIDENCY ADMINISTRATORS IN SURGERY

A great addition to this year's ARAS conference was the inclusion of poster presentations. A new avenue for program administrators to present (got to collect those EC's for TAGME!), this year we had a great introductory presentation on research and stats by Dr. Alex Ewing, Senior Biostatistician from Greenville Health System (SC) followed by our two inaugural poster presentations.

Hemali Shah, C-TAGME, Surgery Residency Administrator at University of Illinois College of Medicine in Chicago, IL, showcased a research project done in conjunction with colleagues at Johns Hopkins University (MD) regarding if a formal orientation of program administrators entering GME programs are a necessity. A survey distributed to 1,515 program administrators identified in FREIDA across several specialties returned a 47% response rate. 52 questions were answered regarding areas of performance required by a program administrator in areas of case logs, duty hour reporting, GME survey completion, and other essential tasks. Results showed that program administrators that received GME orientation and peer program administrator training performed better at various administrative requirements of the job. Program administrators that received training from peers had an overall higher performance in general

then those with only GME training.

Nicole Liles, Surgery Residency Administrator from Baylor Scott & White in Temple, TX, showcased a hot topic in ACGME – resident research and quality improvement activity. She spoke to the ARAS group about her own experience as a program administrator and her role in helping engaging residents in these required activities. Highlighting the benefits of residency administrator involvement in these projects from both an individual professional development standpoint but also as an additional enhancement to the program, Nicole inspired those in attendance to go back to work the following week and start to investigate where he or she could get involved!

We thank Dr. Ewing, Hemali, and Nicole for enhancing our 2018 ARAS conference by showcasing their research endeavors. The scariest part of research is deciding to do it. All program administrators have resources within their own institutions as well as our current ARAS network! Don't be afraid to collaborate and try new things! Increased academic engagement is a value added component to both our training programs and in our own personal professional development. We look forward to seeing what types of research projects will be showcased in Chicago 2019!



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In case you missed it... Great food and fun fellowship in Austin

SEW Austin 2018 was the place to be with much fun, laughter, and food. From Mexican to BBQ to American or Southwestern, Austin offered fantastic food that we all will remember for its renowned food. Chicago here we come!



The Best of Austin happens
enjoying Good Eatery!

Sunshine Committee

The purpose of this group is to relay the care and concern of fellow members in times of need by sending wishes of encouragement or sympathy. The Sunshine Chair will send a card to members for the following reasons:

- Serious illness
- Death of a member (sent to a designated family member)
- Death of an immediate family member (parents, spouse, children, stepchildren)

If you are aware of a fellow coordinator who is ill, lost a loved one, needs cheering up, or is going through a tough time, let us know.

Also, if you hear of someone who has received a promotion or an award with respect to her/his position as a residency coordinator, we would like to acknowledge this accomplishment.

Please email the Sunshine Chair, Dorothy Dickinson, at Dpettway@health.southalabama.edu, with the name, address and reason for the card.

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So What About the Next 30 Years?

M. Timothy Nelson, MD, FACS

President, Association for Program Directors in Surgery

ASSOCIATION OF RESIDENCY ADMINISTRATORS IN SURGERY

These are exciting times for the Association of Residency Administrators in Surgery (ARAS) and for its sister organization, the Association of Program Directors in Surgery (APDS). Last year, PJ Schenarts, as APDS President, wrote a great article outlining the first thirty years of ARCS. He finished that piece enthusiastically supporting the name change to ARAS, making a strong argument for the work done by its membership being more than coordination and being all-out administration. Because our two organizations are so intimately linked, I want to spend a little time reviewing where we are today and then looking to the future and where I would like to see us going.

ARAS today is as dynamic organization of dedicated zealots focused on training the best surgeons possible. Its membership are the women and men who spend every hour of their career dedicated to this end. I think of the program administrator (I almost wrote coordinator. Oh how habits die hard.) here in New Mexico, Kathy Beard. From arranging the room for conferences, taking attendance, getting the schedule finalized and into New Innovations, refining and collecting evaluations, helping our potential recruits have a great experience and see what our program is like, submitting annual reviews to the ACGME, getting medical licenses, making sure residents are cared for when they are sick, having a shoulder to cry on. It seems no task is too big or too small for her. And then I go to Surgical Education week and I see hundreds of Kathy Beards, all zealots, all loving, all indispensable. And I see the comradery between them and I know that this is a special organization with special people.

The annual meeting is a bonanza of information sharing, both formal and informal. Everyone seems to be chatting in the halls and at coffee breaks, finding out how to keep getting better and eager to share their own trick of the trade. As much as anything else, I see a group sharing and confiding and realizing each is just trying to keep up with the breathtaking pace of change and take good care of their “peeps”.

Additionally, ARAS is now recognized as an indispensable voice of the future of surgery and surgical training. This was most apparent to me at the

Surgical Summit convened by the American Board of Surgery (ABS) held last Fall in Philadelphia. There, in a small conference room, were the leaders of surgical education: Chair, Vice-Chair and Executive Directors of the ABS; Surgical head of the ACGME; Chair and Executive Director of the Surgery Review Committee; President, Past-President and President-Elect of the APDS; and the President and President-Elect of ARAS. The leadership of ARAS and APDS sitting as equal partners with the regulatory leaders of surgical education. WOW. That was cool.

So ARAS has grown in numbers; ARAS has grown in influence; ARAS has grown in stature. This has happened side-by-side with APDS. So what will the next thirty years bring? Let me offer a few charges for what we need to do: First: we need to be more inclusive in who we train as surgeons so the surgeons of tomorrow look like the population of tomorrow. As was pointed out to me by Jen Choi, Program Director from Indiana, we are the people who decide who will become surgeons. We need to figure out how to select the right medical students so we have the right surgeons. Heck, I want the best taking care of me as I mature. Second: We need to figure out how to deliver surgical training so these future surgeons continue to be better than we are. I don't know if it will be simulation, on-line coursework, a return to apprenticeship or something else entirely we haven't even imagined yet. We need to continue to get better and better at training these dedicated young people to be great surgeons. Finally: We need to figure out how to do all this without beating the goodness out of them. I find medical students the most enthusiastic, altruistic group of people I have ever met. Somehow, we put them through surgical residency and at the end many of them are tired, bitter and burnt out. We have to do better. As a program director, it may not be fair, but I think that is a goal that sits squarely in the wheelhouse of the Program Administrators. It is you, deep in your DNA, to look after these people, as they become surgeons. Help us figure out how not only to make them great surgeons, but to make them great people.

This is our charge. Let's get to it. Together. ARAS and APDS. Hand-in-hand.

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Mentorship in the Digital Age

Sarah Kidd-Romero, C-TAGME
Mentor/Mentee Chair

ASSOCIATION OF RESIDENCY ADMINISTRATORS IN SURGERY

I recently spent 10 days in the west exploring National Parks where my smart phone did not have any service for the majority of the time. It was a wonderful way to cleanse myself of the constant need to check my phone for a missed text, an Instagram like, or a work e-mail (as I know many of us check while out of the office). It allowed for me to appreciate the beautiful scenery around me and the time I that I was able to spend with my husband. However, I found myself feeling anxious not being able to “google” the answer to the question that we both had while hiking and also hoping that nobody was trying to get a hold of me while I didn’t have any service. How did I let myself become so reliant on my smart phone that in certain situations I didn’t know what to do when I couldn’t use it? I think this is a question that many of us struggle with.

You may be asking yourself what does this have to do with mentorship? Well while I was out in the world without digital media, I started to think about how we used to form relationships in the workplace and in our schooling with people that were in similar roles or careers that we were in ourselves. These relationships were formed in a much different way than mentor/mentee relationships are formed today in the world of technology. I also believe that the relationship of 1 mentor to 1 mentee has changed and will possibly go away the more “digitalized” we all become.

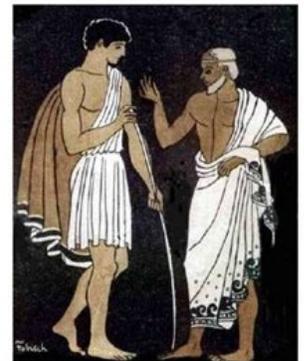
First, I thought it would be interesting to define the word “Mentor” according to **Google**. It is defined as having “an experienced and trusted advisor”. The history of the word Mentor originates from the Homer poem *The Odyssey* where when the King of Ithaca went off to fight in the Trojan War, he entrusted the care of his kingdom and his son to a man named Mentor. Mentor served as the teacher and overseer of the king’s son (thank you Google). The Merriam-Webster definition of a Mentor is “a trusted counselor or guide”. Others define mentorship as a person that helps you with your career, work advice, or general life guidance out of the goodness of their own heart.

In today’s society, the mentor and mentee relationship

has started to evolve from a one-on-one relationship to more of a global setting. With the inception of social media and online groups, the mentorship of individuals has opened up to providing more resources and ideas to others from different backgrounds and experiences. It allows the individual, or mentee, to pose a question to a group of people to gain advice, resources, and possibly solutions to what is being asked. This enables the “mentee” to decide which resource or person’s opinion works best for their situation or problem. As part of ARAS, we can all see this happening through the use of the ARAS Facebook page. A member is able to pose a question to the group about their program or role and no less than five other ARAS members will respond with information on what they are currently doing to resolve the same issue or request the same assistance from other members.

From searching this topic online (again thank you Google), the topic has been explored in other groups and shown to have positive and negative impacts. According to an article from the *Chronicle of Evidence-Based Mentoring*, they studied the effects it has on youth. They showed that the use of digital media to form mentorships has expanded the ways in which mentees can connect with their mentors and has eased the facilitation of the relationship. They saw the pitfalls to the online setting as being that someone could disclose something sensitive or inappropriate to the group online.

I don’t know what the right answer is to social media use and mentorship. Personally, I think that having the ability to connect with so many members in an instant and know that you may not be the only person with the issue is a wonderful thing. But I also hope that the use of social media can be used in **addition** to and not in **replacement** of formed one-on-one mentorship relationships. I think that when you have a good bond with someone that you can turn to for help in a nurturing way, that can carry you forward in your profession and life so much further.



NEWSLETTER SUMMER 2018

ARAS 2018 Hot Topic—ACGME Case Requirements

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Social Media Chair & Website Co-Chair

ASSOCIATION OF RESIDENCY ADMINISTRATORS IN SURGERY

New Case Log Requirements

Did your program (or you) slightly panic at the new case number requirements rolled out by ACGME? Good news – you weren't alone.

When the initial announcement rolled out, all programs were given were overall increased volumes. What we didn't see from the RRC until our April 2017 meeting in San Diego, California, were the sub categories within the original categories. Then came the WebADS update that seemed would never happen, until it did in November, finally giving programs a clear view of where their 2018 graduates were missing cases.

If you aren't on the APDS listserv or our ARAS Facebook page, you missed out on some lively discussions regarding the case volumes. Confusion ensued regarding when the requirements would be in effect, if the first year of new requirements would create a citation if one or two residents were delinquent in some areas, and overall frustration that no one was able to run accurate reports until they were 5 months away from ABS Qualifying Exam application season.

The Surgery RRC listened to the numerous concerns from the Surgery Program Directors and at the ACGME Education Conference in early March 2018 – announced that the RRC would apply defined category minimums with 2019 graduates (2020 annual review). A collective sigh of relief from all surgery programs could be heard around the country!

Most commonly asked question about new case log requirements:

What's the trauma resuscitation code number?
Answer: 92950

New Reports

Archived Reports

Has a former graduate ever emailed you, hoping you have a copy of their case log reports because they lost the one they took with them at graduation? Well good news – you can now run an archived experience by role, year, and a defined minimums category report for those that have graduated under the "Archived Reports" area of the Case Log Menu! Archived Role and Year reporting is helpful for those former graduates hoping to snag a copy of their case reports.

General Surgery Duplicate Patient Reports

This report can generate a list of cases, where more than one resident is taking credit for the procedure. Per the ACGME, A resident may be considered the Surgeon only when he or she can document a significant role in the following aspects of management:

- ◇ determination or confirmation of the diagnosis;
- ◇ provision of pre-operative care;
- ◇ selection and accomplishment of the appropriate operative procedure; and,
- ◇ direction of the post-operative care

For multi-procedure operations, residents must record all procedures performed and indicate which procedure is to count as the primary procedure. When more than one resident is involved in the same patient/same day/same operation/same procedure, a senior resident may take credit as Surgeon, while another resident may take credit as First Assistant; or, a senior resident may take credit as Teaching Assistant while a more junior resident takes credit as Surgeon Junior Years. If two residents perform different procedures on the same patient (different CPT codes), then each may take credit as Surgeon.



NEWSLETTER SUMMER 2018

Thank you!

ARAS EC would like to recognize two very important individuals who work many hours each year in preparing for a successful Surgical Education Week. Mr. Tom Fise has been the APDS Executive Director for 30 years and Mrs. Katie Thorne has been the APDS Administrator for 2 years. ARAS EC truly appreciates all of your hard work. The meeting would not occur without them. THANK YOU!



ASSOCIATION OF RESIDENCY ADMINISTRATORS IN SURGERY



Save the Date

ASE: April 25-27, 2019

ARAS: April 23-25, 2019

Chicago, IL